SEPTEMBER 2021

Grades 7-12

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
30	31	1 Breakfast Chicken Biscuit 1% or F.F. Milk Fruit Juice Lunch Chicken Patty/ W.W. Bun Lettuce/Tomato/Onion Potato Smiles Glazed Carrots 1% or F.F. Milk Fruit	2 Breakfast I.W. Breakfast Pizza Fruit 1% or F.F. Milk Fruit Juice Lunch Beef Teriyaki Nuggets W.W. Roll Fruit Mashed Potatoes Green Beans 1% or F.F. Milk	3 No School Labor Day Weekend	<u>News</u>
6 No School Labor Day	7 Breakfast Froot Loops / Graham Snacks 1 % or F.F. Milk Fruit Juice Lunch Tangerine Chicken/ W.W. Roll Tiny whole Potatoes Glazed Carrots Fruit 1% or F.F. Milk	8 Breakfast Chicken Biscuit 1% or F.F. Milk Fruit Juice Lunch Pork BBQ/ W.W. Bun Oven Fries Fruit Baked Beans 1% or F.F. Milk	9 Breakfast I.W. Breakfast Pizza 1% or F.F. Milk Fruit Juice Lunch Sliced Pizza Seasoned Corn Green Beans Fruit 1% or F.F. Milk	10 Breakfast Bacon, Egg & Cheese Biscuit 1% or F.F. Milk Fruit Juice Lunch Spicy Chicken Patty / W.W. Bun Lettuce/Tomato/Onion/Pickles Quick Baked Potato Broccoli 1% or F.F, Milk Fruit	
13 Breakfast I.W. Cinnamon Roll 1 % or F.F. Milk Fruit Juice Lunch Chicken Tenders / W.W. Roll Mashed Potatoes Peas Glazed Carrots Fruit 1% or F.F. Milk	14 Breakfast Froot Loops / Graham Snacks 1% or F.F. Milk Fruit Juice Lunch Taco Meat / Tortilla Chips Shredded Cheese Corn Salsa Cup Fruit 1 % or F.F. Milk	15 Breakfast Chicken Biscuit 1 % or F. F. Milk Fruit Juice Lunch Chicken Alfredo Steamed Broccoli Garlic Bread Fruit 1 % or F.F. Milk	16 Breakfast I.W. Breakfast Pizza 1 % or F.F. Milk Fruit Juice Lunch Turkey & Cheese /W.W. Bun Lettuce/Tomato/Onion Vegetarian Beans Fruit 1 % or F.F. Milk	 Breakfast Bacon, Egg & Cheese Biscuit 1 % or F.F. Milk Fruit Juice Lunch 2 Mozz. Cheese Bread Sticks Marinara Cup Green Beans Fruit 1 % or F.F. Milk 	
20 Breakfast I.W. Cinnamon Roll 1 % or F.F. Milk Fruit Juice Lunch Popcorn Chicken Mashed Potatoes Seasoned Peas Fruit 1 % or F.F. Milk	21 Breakfast Froot Loops/Graham Snack 1 % or F.F. Milk Fruit Juice Lunch Hamburger Patty / W.W. Bun Lettuce/Tomato/Onion/Pickle Oven Fries Baked Beans 1 % or F.F. Milk Fruit	22 Breakfast Chicken Biscuit 1 % or F.F. Milk Fruit Juice Lunch Chicken Patty / W.W. Bun Lettuce/Tomato/Onion Potato Smiles Glazed Carrots 1 % or F.F. Milk Fruit	23 Breakfast I.W. Breakfast Pizza 1 % or F.F. Milk Fruit Juice Lunch Beef Teriyaki Nuggets W.W. Roll Fruit Mashed Potatoes Green Beans 1 % or F.F. Milk	24 Breakfast Sausage Biscuit 1 % or F.F. Milk Fruit Juice Lunch Sweet & Sour Chicken Fried Rice Fruit Seasoned Broccoli 1 % or F.F. Milk	
27 Breakfast I.W. Cinnamon Roll 1 % or F.F. Milk Fruit Juice Lunch Spaghetti / Meat Sauce Mozz. Cheese Breadstick Green Beans Fruit 1 % or F.F. Milk	28 Breakfast Froot Loops / Graham Snacks 1% or F. F. Milk Fruit Juice Lunch Tangerine Chicken / W.W. Roll Tiny Whole Potatoes Glazed Carrots Fruit 1% or F.F. Milk	29 Breakfast Chicken Biscuit 1 % or F.F. Milk Fruit Juice Lunch Pork BBQ / W.W. Bun Oven Fries Fruit Baked Beans 1 % or F.F. Milk	30 Breakfast I.W. Breakfast Pizza 1 % or F.F. Milk Fruit Juice Lunch Sliced Pizza Corn Green Beans Fruit 1 % or F.F. Milk	1	This Institution is an Equal Opportunity Provider